

癌症病患的生命意義感、希望程度、 靈性健康之相關性探討

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摘 要

本研究欲探討癌症病患的生命意義感、希望程度與靈性健康三者之間的相關性。研究採方便取樣方式，以結構式問卷針對 125 位北部某區域教學醫院之 18 歲以上、意識清楚、診斷為癌症的病患進行調查研究，再將收集之資料編碼輸入電腦，以 SPSS 套裝軟體進行統計分析。研究結果與其他相關研究進行比較，發現本研究對象所呈現之生命意義感、希望程度、靈性健康狀況分別屬於中上、中上、高得分程度，而研究對象之生命意義感、希望程度、靈性健康三者間兩兩皆有顯著正相關。依據研究結果，建議醫療工作團隊可以協助癌症病患及家屬瞭解病患之靈性健康狀況，以尋求個人之生命意義感及提昇其對生命的希望。

關鍵詞：癌症病患、生命意義感、希望程度、靈性健康

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Relationships among Life Meaning, Level of Hope, and Spiritual Health in the Cancer Patient

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Abstract

Purpose: This study examined the relationship among life meaning, level of hope, and spiritual health of cancer patient. **Method:** There were 125 voluntary cancer participants over 18 years old with clear consciousness enrolled in this study and investigated by a structured questionnaire. **Results:** These participants showed similar and higher level of life meaning, level of hope, and spiritual health comparing to other participants in other related studies. There were positive relationships among life meaning, level of hope, and spiritual health. The results can be adopted by nurse practitioners in clinical practice while providing treatment, counseling, and prevention education for cancer clients.

Key words: Cancer Patient, Life Meaning, Levels of Hope,
Spiritual Health

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