

## 《周易》中的婦女生活研究

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### 摘要

《周易》原為占筮性質的書籍，然而藉由經傳中所載內容亦可得知上古時期的生活概況。就其中與婦女相關的內容觀察，女性以柔順、貞節為其基本特質，重視的是言行舉止的莊重，個性的溫婉柔順。在婚姻方面，有部分的自主權，可以挑選喜歡的對象，並決定出嫁與否，只是不宜主動追求心儀的異性。婚後以助內和繁衍後代為其主要的家庭責任，故於正當生理壯盛的時期結合，較能夠達成婚姻延續後代的目的；若是妻子無法產下繼承人，那麼丈夫可以納妾。

**關鍵詞：**”《周易》”、”婦女生活”

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## Women's Life in "The Book of Changes"

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### Abstract

"The book of changes" is the book related to divination. Its contents make readers understand the living condition in China two thousand years ago. Based on observing the section regarding women in that period, the general characteristics of females were submissiveness and chastity. People also focused on whether women possessed modest behaviors and gentle personalities. Females also had partial rights to decide their own marriages. They could choose men they were willing to marry with. However, they could not be too aggressive to go after their beloved. After getting married, supporting families and producing posterities were women's main responsibilities. Thus, it was more reasonable to achieve the goals and have descendants by getting married during the prosperous period of human age. If the wife was unable to deliver an inheritor, husband was allowed to have concubines.

**Key words :** "The book of changes", "Women's Life"

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